

REAL DEAL ALL COMERS CLASSIC

Saturday, July 15, 2017

Norview High School

6501 Chesapeake Blvd
Norfolk, VA 23513

HOST: Norfolk Real Deal Track Club, founded 1991

SANCTION: USATF

RULES: In accordance with USA Track and Field

AGE DIVISIONS: Sub Bantam (8 <), Bantam (9, 10), Midget (11, 12), Youth (13, 14), Intermediate (15, 16), YM / YW (17, 18), Open (19 >)

ENTRY INFO:

1. Individual events only at this meet
2. \$5 per event with \$450 team max
3. All payments due online @ coacho.com by July 12

AWARDS: Top 8 finishers in each event will receive an award. Top three will receive medals while places fourth thru eighth will receive ribbons.

MEET SCHEDULE:

- 7:00 – Packet pickup
- 7:30 – Field event check in (starts @ 7:50)
- 7:40 – Coaches Meeting
- 8:15 – 3000m runners check in (starts @ 8:30)

Field Events

7:50 – Long Jump (Boys) RW 1 – Y to O

7:50 – Long Jump (Girls) RW 2 – Y to O

7:50 – Girls Shot Put – O to Y*

7:50 – Boys Discus – O to Y*

9:00 – Girls High Jump – Y to O

Will start 30 minutes after above are finished:

- Boys Shot Put – O to Y*

- Girls Discus – O to Y*

- Boys High Jump – Y to O

- Girls & Boys Triple Jump – Both Y to O

Running Events(rolling schedule)

8:30 – 3000m run

80/100/110 Hurdles

1500m run

100m Dash

200 / 400 Hurdles

400m Dash

800m run

200m Dash

MISCELLANEOUS:

1. For additional meet info, call 757-348-7976
2. *O to Y – Oldest to youngest age group. The rest of the events including all running events will be youngest to oldest.
3. All running events are timed finals
4. Concession will be available
5. Final Information will be posted on July 13 after entries have closed

